

Personalised Cuffs: practical selection criteria

Comparisons, printing techniques and a checklist to navigate models, sizes and uses.

Your choice can start with the type of accessory, material, dimensions and customisation method. Wristbands, headbands and arm sleeves meet different needs and should be compared with the individual product page before ordering.

1. Quick model comparison

Model	Features	Sizes	What to check
Classic wristband	Soft, firm or elasticated; some models have a patch (square, rectangular or round) and/or a zip pocket.	From 6.4x7.3 cm to 10.5x9.5 cm; 8x8 cm versions are also available.	Structure, patch/zip and customisation area.
Headband	Elasticated and designed to absorb sweat and keep hair away from the face.	18.5x6 cm.	Elasticity, material and logo position.
Arm sleeve	Covers much of the arm; provides compression and thermal support as well as sweat management.	M: 8x12x48 cm; L: 9.5x13.5x52 cm.	Size and possibility of full-surface customisation.

2. Materials and compositions

Material / composition	Practical guidance	What to consider
Cotton	Can be the main material in some wristbands.	Compare softness and available printing technique.
Terry cloth	Can be the main material; embroidery is particularly suitable for this fabric.	Check embroidery area and model structure.
Microfibre	Combines polyamide and polyester.	Check the composition stated on the product page.
Polyester / RPET + elastane	A possible combination when elasticity is needed.	Check percentages and printing technique for the individual item.
Polycotton	A combination that is soft, elastic and breathable.	Assess the actual composition of the selected product.

3. Printing techniques compared

Technique	Key strengths	When to consider it
Transfer	Suitable for flat surfaces; resistant to wear, washing and weather.	Available for most personalised cuffs.
Screen printing	Affordable, durable and versatile.	When available for the selected product.
Sublimation	Durable, full colour and with near-photographic quality.	Particularly suitable for arm sleeves
Embroidery	Precise and elegant; adds dimension without inks or plastics.	Particularly suitable for terry wristbands.
DTF on fabric	Durable and high quality.	When available for the chosen fabric and position.
Digital transfer	Allows full-colour printing.	When available for the selected model.

4. Sizes and colours: quick checks

Item	Guidance	Practical check
Wristbands	Sizes range from 6.4x7.3 cm to 10.5x9.5 cm; length and width generally do not exceed 12 cm.	Compare the item measurements with the intended use.
Arm sleeves	Two main sizes: M and L.	Check the available size before defining quantity and artwork.
Colours	Black, blue, white, green, orange, fuchsia, yellow, red and others.	Match product colour, clothing and artwork.

5. Checklist before choosing

- 1. Use: gym, sports club, tennis club, race, tournament, marathon, corporate gift or e-sports event?
- 2. Model: classic wristband, headband or arm sleeve?
- 3. Material: have you checked the product composition and elasticity?
- 4. Sizes: are the dimensions or size suitable for the user?
- 5. Colour: does the chosen shade match the clothing or desired visual identity?
- 6. Customisation: are the technique, position and print area available for the model?
- 7. Details: if present, do the patch and zip pocket suit the intended use?
- 8. Sample: does the product page show the “Buy Sample” button for the selected model?

6. Usage contexts compared

Context	Practical setup
Gyms and sports clubs	Gifts for customers and supporters, with accessories coordinated to sportswear.
Tennis clubs	Wristbands and headbands as recognisable accessories for the sport.
Races, tournaments and marathons	An accessory for sponsored initiatives and events.
Corporate gift boxes	A youthful, sporty and informal item that can be paired with other wellness accessories.
E-sports events and tournaments	Useful kit for distinguishing teams and supporting gamers during play.

7. Final checks and useful links

Check	Practical guidance
Patch	On models with a patch, generally only the patch area can be customised; check the product page.
Arm sleeve	Sublimation is particularly suitable for covering the full surface; check availability and conditions.
Trial sample	When available, the product page shows the “Buy Sample” button.
Multiple colours in one order	You can select multiple colours of the same model according to the indicated availability.

8. Practical comparison sheet

Use this table to compare two models before finalising your order. Fill it in using the information on the respective product pages.

Criterion	Model A	Model B
Intended use		
Type: wristband, headband or arm sleeve		
Material / composition		
Size / measurements		
Colour		
Customisation technique		
Print area / position		
Patch or zip pocket		
Sample available		

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Practical note: sizes, materials, colours, techniques, customisation areas and sample availability may vary from one item to another. For your final choice, refer to the selected product page.